



**Canadian Mental
Health Association**
Kamloops

Canadian Mental Health Association
Kamloops Branch
651 Victoria Street
Kamloops BC V2C 2B3
Telephone: (250) 374-0440
Fax: (250) 374-8718
www.kamloops.cmha.bc.ca
kamloops@cmha.bc.ca

INTERNAL/EXTERNAL JOB POSTING #2024-43

Institutional Cook

Our Vision

The Canadian Mental Health Association provides mental health education and mental illness recovery-focused programs and services for people of all ages and their families. We work collaboratively to develop realistic community awareness of homelessness and provide housing opportunities for clients. CMHA Kamloops creates awareness, provides education, and supports individuals and families living with mental health or substance use concerns. Our programs are community-based, they include supportive and independent living, homelessness services, and peer support. By working closely with other community agencies, we are working to bridge gaps in mental health care and facilitate access to critical services and resources.

Job Details

Position Type: 1 Part-time	Duration of Position: Ongoing, subject to funding	Hours: Sat and Sun – 10am-6pm (15 hrs/wk)
Locations: 271 Victoria Street West, Kamloops, V2C 1T3	Probation: 488 hours from start date	Salary & Benefits: \$25.61 Vacation will be accrued at a rate of 6.4%

The Role

The Cook prepares and cooks meals for residents of the shelter and ensures the safety and cleanliness of the kitchen areas. The cook will interact with shelter clients in a way that maintains their dignity and well-being

Key Responsibilities

- Prepares a variety of meats, seafood, poultry, vegetables and other food items for cooking in ovens, grills, and a variety of other kitchen equipment;
- Maintains a clean and sanitary work station and refrigeration equipment;
- Work within a multi-disciplinary shelter team liaising with staff and supervisors to promote a supportive respectful environment;
- Plan menus, determine size of food portions, estimate food requirements and costs, and monitor and order supplies,
- Transport meals to other sites and assist with meal prep, if required



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Key Skills and Experience Required

- One year recent, related work experience
- Class 5 Drivers Licence and own vehicle with Business Insurance
- HEP B Vaccination Required
- First Aid with CPR and Food Safe required
- Mental Health First Aid an asset

How to Apply

Please indicate your interest in this position by forwarding a letter of interest and an updated resume to hr.kamloops@cmha.bc.ca. **Please indicate the position you are applying for as the subject of the email.** Interviews will be conducted ongoing as applications are received. While we sincerely appreciate all applications, only those candidates selected for interview will be contacted.

Closing Date: May 4, 2024

CMHA Kamloops is an equity employer and encourages applications from women, persons with disabilities, members of visible minorities, Indigenous Peoples, people of all sexual orientations and genders, and others whom may contribute to the further diversification of the Association. Lived experiences of mental illness and or addictions is considered an asset. To avoid a conflict of interest, people who are currently accessing CMHA Kamloops services are not eligible to apply. A criminal record check free of convictions of violence and other crimes against the vulnerable will be required.

Thank you for your interest!