


Canadian Mental Health Association
857 Seymour St.
Kamloops, BC V2C 2H6
Phone: 250-374-0440; Fax: 250-374-8718

CLUBHOUSE CALENDAR

December 2023

Days & Hours of Operation
MONDAY – THURSDAY 9:00AM-3:00PM
FRIDAY 9:00AM-2:30PM
Member's line # 250-828-2642

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p><u><i>Christmas Photos</i></u> Join us for holiday Christmas Photos Thursday, Dec 7th Prints will be available Dec 13th</p> <p>Madison's Last Day with CMHA is December 6th</p>	<p>Reminder to Members: Friday lunch purchases need to be paid by 11am</p> <p>VOLUNTEER OPPORTUNITY! Purses & toiletries will be dropped off Wed, Dec 13th. We are seeking members to assist with organizing these donations.</p>	<p>The Clubhouse Quilters will be Offering gift wrapping at Aberdeen Mall December: 5th, 12th & 19th <u>Cost is by donation</u> Comes say hi! They will have a table set up near Marshall's</p>	<p>Bowling at Falcon Lanes!</p>  <p>Monday, December 4th at 1:30PM</p> <p>Wear your Xmas Sweater! Cost \$5/person. Must sign-up!</p>	<p>1</p> <p>The Beanery Café \$1.50 coffee - 9:30-10:30am <u>Art Class w. Alime 10-12pm</u> \$3.00 Lunch @ 12:30pm- Pancakes & Bacon <i>CLUBHOUSE CLOSED @2pm- for Gift Wrapping Orientation</i></p>
<p>4</p> <p>Muffins/Cookies \$1.50 Community Kitchen Meeting 10am</p> <p>Lunch Prep 12-1pm- Smokies Bowling at Falcon Lanes 1:30pm- Wear your Xmas sweaters! \$5/person</p>	<p>5</p> <p>Breakfast 9:15-10am Thai Chi (Closed group) 10am – 11am 12pm Decorate for Xmas! Baking 1pm Fire Drill 2pm</p>	<p>6</p> <p>The Beanery Café \$1.50 coffee - 9:30-10:30am Learn to Cricut <u>Art Class w. Alime 10-12pm</u> Lunch Prep 12-1pm- Homemade Macaroni & Cheese</p>	<p>7</p> <p>Breakfast 9:15-10am Awareness Through Movement 11:30-12pm (Closed group) Christmas Photos at The Clubhouse! 1pm</p>	<p>8</p> <p>The Beanery Café \$1.50 coffee - 9:30-10:30am <u>Art Class w. Alime 10-12pm</u> <i>CLUBHOUSE CLOSED at 12pm for staff development</i></p>
<p>11</p> <p><i>Staff Meeting- Clubhouse CLOSED until 10:00am</i> FCC Meeting 10am Lunch Prep 12-1pm- chili Pool Tournament 1:15pm</p>	<p>12</p> <p>Breakfast 9:15-10am Learn to Cricut Thai Chi (Closed group) 10am – 11am Baking- Christmas Pudding 1pm</p>	<p>13</p> <p>The Beanery Café \$1.50 coffee - 9:30-10:30am Learn to Cricut <u>Art Class w. Alime 10-12pm</u> Lunch Prep 12-1pm- B.E.L.T's Organizing purse & toiletry donations</p>	<p>14</p> <p>Breakfast 9:15-10am Awareness Through Movement 11:30-12pm (Closed group) Tech Support w. Steve 1pm Members Meeting- pizza lunch 12:15pm</p>	<p>15</p> <p>The Beanery Café \$1.50 coffee- 9:30-10:30am <u>Art Class w. Alime 10-12pm</u> \$3.00 Lunch @ 12:30pm- Beef Stew BINGO 1:15pm FCC Cheques ready for pick-up</p>
<p>18</p> <p>Muffins/Cookies \$1.50 Shopping for Community Kitchen 10am</p> <p>Lunch Prep 12-1pm- Gnocchi gingerbread house decorating competition!</p>	<p>19</p> <p>Breakfast 9:15-10am Learn to Cricut Thai chi (Closed group) 10am – 11am Community Kitchen Cooking 1pm</p>	<p>20</p> <p>The Beanery Café \$1.50 coffee - 9:30-10:30am <u>United Steelworkers Annual Christmas Luncheon at The Clubhouse! 12:30pm</u></p>	<p>21</p> <p>Breakfast 9:15-10am Awareness Through Movement 11:30-12pm (Closed group) Tech Support w. Steve 1pm <i>Announce winner of gingerbread house competition</i></p>	<p>22</p> <p>The Beanery Café \$1.50 coffee- 9:30-10:30am <u>Art Class w. Alime 10-12pm</u> \$3.00 Lunch @ 12:30pm- Quiche 1:00 – 2:00pm Karaoke</p>
<p>25</p> <p>Happy Holiday's- See you in the New Year!</p>	<p>26 27 28 29</p> <p>The Clubhouse will be CLOSED December 25th-January 2nd 2024.</p>			