



**Canadian Mental
Health Association**
Kamloops

Canadian Mental Health Association
Kamloops Branch
651 Victoria Street
Kamloops BC V2C 2B3
Telephone: (250) 374-0440
Fax: (250) 374-8718
www.kamloops.cmha.bc.ca
kamloops@cmha.bc.ca

August 21, 2023

INTERNAL/EXTERNAL JOB POSTING #2023-36

Moir House

Life Skills & Housing Transition Worker

Our Vision

The Canadian Mental Health Association provides mental health education and mental illness recovery-focused programs and services for people of all ages and their families. We work collaboratively to develop realistic community awareness of homelessness and provide housing opportunities for clients. CMHA Kamloops creates awareness, provides education, and supports individuals and families living with mental health or substance use concerns. Our programs are community-based, they include supportive and independent living, homelessness services, and peer support. By working closely with other community agencies, we are working to bridge gaps in mental health care and facilitate access to critical services and resources.

Job Details

Position Type: 1 Part-Time Position	Duration of Position: Ongoing, subject to funding	Hours: Sat & Sun – 7:45am to 4pm (15 hrs/wk)
Location: 600 Kingston Avenue, Kamloops, BC, V2B 2C8	Probation: 488 Hours from start date	Salary & Benefits: \$24.00 Extended Health and Dental Benefits

The Role

The Life Skills & Housing Transition worker aim to produce measurable improvements in the clientele's daily skills of communication, daily living, socialization, strengthen resiliency and integration into the surrounding community. This role focuses on improving each individual's quality of life, both in the present and to sustain through the future.

Key Responsibilities

- Support growth and social independency through teaching the skills for independent living and community based independence, including tasks related to hygiene, home care (laundry, dusting, changing bedding, etc.), food preparation, self-care, public transit knowledge and accessing recreational activities.
- Monitor the health and wellness of individuals and ensure preventative or emergency intervention practices are utilized.



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- Remain flexible in matching the type and amount of instruction necessary to meet individual learning needs, such as verbal instruction, writing lists, or moral support.
- Complete any required documents or records factually and unbiased, while upholding the confidentiality of all staff, clients and contractors.

Key Skills and Experience Required

- One year of recent, related work experience with an emphasis on mental health, addictions, housing, homelessness and/or social services and/or training; or equivalent combination of education and experience in Human/Social Service.
- First Aid with CPR and Food Safe required
- Mental Health First Aid an asset

How to Apply

Please indicate your interest in this position by forwarding a letter of interest and an updated resume to hr.kamloops@cmha.bc.ca. **Please indicate the position you are applying for as the subject of the email.** Interviews will be conducted ongoing as applications are received. While we sincerely appreciate all applications, only those candidates selected for interview will be contacted.

Closing Date: August 31, 2023

CMHA Kamloops is an equity employer and encourages applications from women, persons with disabilities, members of visible minorities, Indigenous Peoples, people of all sexual orientations and genders, and others whom may contribute to the further diversification of the Association. Lived experiences of mental illness and or addictions is considered an asset. To avoid a conflict of interest, people who are currently accessing CMHA Kamloops services are not eligible to apply. A criminal record check free of convictions of violence and other crimes against the vulnerable will be required.

Thank you for your interest!