



CMHA Kamloops Branch Board of Directors

Nomination Form

Call for Board Members

The Canadian Mental Health Association, Kamloops Branch is currently seeking candidates for positions on our Board of Directors. The position is a two-year term from Aug 2023 to Aug 2025. We are looking for individuals from a diverse range of backgrounds and experiences who are interested in helping us fulfill our vision of improving the mental health of all British Columbians.

We have a skills-based board that balances experience, knowledge, and professional expertise. To maintain this balance, the CMHA Kamloops Board has directed us to seek candidates who have expertise and can make contributions in the areas of:

- Community Focus
- Finances
- Operations

The Board of Directors prioritizes candidates who identify as Indigenous peoples. Persons with lived experience of a mental illness or addiction are encouraged to apply.

Nominees must be able to demonstrate commitment to CMHA Kamloops Vision and Mission. Nominees must be available and willing to fulfill board member duties, including being open to learning and the ability to work as a team.

Nomination packages are available at the CMHA branch offices in Kamloops or can be printed from our website at kamloops.cmha.bc.ca.

Nomination application must be received at the CMHA Kamloops office or by email board.kamloops@cmha.bc.ca



Our Vision

Mentally healthy people in a healthy society

Mission

Founded in 1918, the Canadian Mental Health Association (CMHA) is a national charity that helps maintain and improve mental health for all Canadians. As the nation-wide leader and champion for mental health, CMHA helps people access the community resources they need to build resilience and support recovery from mental illness.

Mental health, substance use and addictive behavior are within scope of the organization.

Our Key Values and Principles

- Embracing the voice of people with mental health issues including addiction
- Promoting inclusion
- Working collaboratively
- Influencing the social determinants of health (e.g. housing, justice)
- Focusing on the mental health needs of all age groups
- Using evidence to inform our work
- Being transparent and accountable

CMHA Kamloops is currently seeking accreditation through Imagine Canada's National Standards Program. The Standards Program awards accreditation to charities and nonprofits that demonstrate excellence in five fundamental areas: board governance; financial accountability and transparency; fundraising; staff management; and, volunteer involvement.

Learn more about CMHA's vision, mission, strategic goals, and the rules that govern our organization under the About Us section at kamloops.cmha.bc.ca

Nation-wide Strategic Goals and Directions

Goal 1: Strengthening Our Voice

- Heightened awareness and value of CMHA brand
- Increased influence over national, provincial and local policies
- Broadened contact with and impact on the lives of people in Canada

Goal 2: Ensuring Quality Services

- High quality, evidence-based CMHA services that improve people's lives
- Widely recognized, flagship programs delivered across the country
- Innovation in programs and services

Goal 3: Enhancing Our Organizational Health

- Strengthened CMHA governance and organizational framework
- Improved internal communication
- Improved recruitment, development and retention of volunteers
- Increased fundraising capacity

Please visit the About Us section at
kamloops.cmha.bc.ca

We've asked each candidate three questions about CMHA and we will present all the answers in the election kit. To facilitate ease for voters, we may edit for consistency.

Please note: Please do not exceed 100 words per answer or it will be cut.

Question #1

Can you please introduce yourself? You can include highlights from your professional/volunteer background. If you wish, please indicate if you self-identify as belonging to any of the following groups:

- Persons with lived experience of mental illness and/or addiction
- Indigenous peoples
- Youth (19–30 years of age)

In your response, it will be beneficial to indicate how your background will contribute to the Board of the Directors in the identified priority areas of expertise:

- Community Focus
- Finances
- Operations

Please do not exceed 100 words.

Question #2

The CMHA Kamloops Board has responsibility for the governance and strategic oversight of CMHA Kamloops. This includes region-wide responsibility for the protection and promotion of the CMHA brand in the Kamloops region. What do those two overarching responsibilities mean to you? Please do not exceed 100 words.

Question #3

What do you see as the emerging issues in the area of mental health and addiction that CMHA Kamloops should address as a priority in the next 3–5 years? Please do not exceed 100 words.

Note: Including a resume to provide additional information is optional. Information from your resume will not be included in the election kit.

Resume is attached



Qualification

- I have read the qualifications for nomination below and agree that I meet the qualifications for nomination

Eligible nominees for election to a 3-year term on the Board of Directors must:

- Be 19 years of age or older
- Be able and willing to fulfill the responsibilities and duties outlined in the job description, for a term of three years
- NOT be an employee of any branch, of any division, or of the national office of the Canadian Mental Health Association
- Be a current member of the Canadian Mental Health Association, or willing to become a member. If you are not a current member, you may request membership and include your membership fee with your completed nomination form
- Must complete the attached Declaration of Eligibility of Director or Officer pursuant to s. 149.1 (1) of the Income Tax Act (Canada)

Qualifications for Nomination (extracted from bylaws [2017])

7.8 Nomination of Directors

The Directors must set a deadline for receipt of the Society of nominations for Directors. The Society must give notice to each Ordinary Members of the deadline. A nomination of a candidate for election as a Director is valid if:

- (a) the nominee is qualified to be a Director;
- (b) the person is nominated by the Nominating Committee or nominated in writing by one Ordinary Member of the Society in good standing; the nominee consents in writing to the nomination; and
- (c) the nomination and consent are received by the Society on or before the deadline for receipt of nominations.

7.4 Qualification

Subject to Bylaw 7.18, in order to become, act or continue to act as a Director, a person must:

- (a) be qualified as required by the Societies Act;
- (b) be a Member of the Society;
- (c) not be a Staff Member of the Society;
- (d) not be an Ineligible Individual, unless that person received the approval of the Directors to remain a Director within 30 days after making the disclosure required by Bylaw 7.5.



Consent Form

I, the undersigned, agree to have my name placed in nomination for election as a Director of the Canadian Mental Health Association, Kamloops Branch (CMHA Kamloops). I understand that as part of the election process, my biographical sketch will be published on a ballot and mailed to all members of CMHA Kamloops, and also posted on the CMHA Kamloops website (www.cmha.bc.ca) which is accessible to the public. In the event that I am elected, I will receive and return a new consent form that is distributed to all new board members.

- I have read the above statement and the board job description and agree that I have the time to meet my responsibilities as Director.
(Board job description is available to view on our website at www.cmha.bc.ca)

Name: _____
(Please print)

Signature: _____ Date: _____

I am a paying member with the following Branch and/or Division:

- Yes, with the _____ Branch/Division.
 No, but my membership fee of \$5.00 is enclosed.

If elected, I understand that I will be expected to:

- Serve a three-year term on the CMHA Kamloops Board of Directors
 Attend at least 75% of the meetings of the CMHA Kamloops Board during my term
 Be an active member as required
 Respond to requests
 Be available to participate in meetings on behalf of the CMHA Kamloops Board
 Be a champion for fundraising in support of fundraising goals
 Be eligible to sign the Director's Eligibility For



To be completed by all nominees. PLEASE PRINT OR TYPE.



Declaration of Eligibility of Director or Officer pursuant to s. 149.1(1) of the Income Tax Act (Canada)

I, _____, of _____, British Columbia, declare that:

1. I have never been found guilty of a criminal offence involving financial dishonesty including tax evasion, theft, fraud, or other offences involving breaches of the public trust in Canada for which a pardon has not been granted.
2. I have never been found guilty of an offence outside of Canada that would constitute a criminal offence under paragraph 1 above if committed in Canada;
3. I have not, within the past five years, been found guilty of a non-criminal offence under the laws of Canada or a province that relates to financial dishonesty, including an offence under charitable fundraising legislation, consumer protection legislation, and securities legislation.
4. I have not, within the past 5 years, been found guilty of an offence outside of Canada that would constitute an offence under paragraph 3 above if committed in Canada;
5. I am or have been in the past a director, trustee or officer of the following registered charities:

Name of charity	Position held (director, trustee, officer)	Time period in which position held

6. I control or manage, either directly or indirectly, the following registered charities, or have held such control or management in the past:

Name of charity	Nature of control/management	Time period in which control/management held

7. None of the charities listed in paragraphs 5 and 6 above have, within the past 5 years, had their charitable registration revoked by CRA for serious breach of the requirements for registration that was committed while I held the position listed above;
8. I have not, nor have I ever been, a promoter of a tax shelter arrangement that involved a gift to a registered charity, where such charity has had its charitable registration revoked by CRA in the past five years for reasons that included its participation in the tax shelter.
9. I will inform the Society immediately should I become aware that any of the declarations above have become untrue.
10. I agree that if there is any dishonesty on my part, or if the Society or CRA determines any dishonesty, with respect to this declaration, I will immediately tender my resignation of all positions held with the Society upon written request by the Society's board of directors.

Signature _____ Date _____

Print Name & Title _____

Witness _____ Date _____

Please send your completed nomination form

Mail: Attn: **Board Nominating Committee**
Canadian Mental Health Association, Kamloops
651 Victoria Street.
Kamloops, BC V2C 2B3

Email: board.kamloops@cmha.bc.ca

Fax: 236 425 0869