

Canadian Mental Health Association Kamloops Branch 651 Victoria Street Kamloops BC V2C 2B3 Telephone: (250) 374-0440 Fax: (250) 374-8718 www.kamloops.cmha.bc.ca kamloops@cmha.bc.ca

#### **JOB POSTING**

#### Clubhouse

## **Psychosocial Rehabilitation Activity Assistant**

### **Our Vision**

The Canadian Mental Health Association provides mental health education and mental illness recovery-focused programs and services for people of all ages and their families. We work collaboratively to develop realistic community awareness of homelessness and provide housing opportunities for clients. CMHA Kamloops creates awareness, provides education, and supports individuals and families living with mental health or substance use concerns. Our programs are community-based, they include supportive and independent living, homelessness services, and peer support. By working closely with other community agencies, we are working to bridge gaps in mental health care and facilitate access to critical services and resources.

#### **Job Details**

| Position Type:     | Duration of Position:       | Hours:                              |
|--------------------|-----------------------------|-------------------------------------|
| Casual - Unionized | Ongoing, subject to funding | Mon to Thurs – 8:30am to 3pm        |
|                    |                             | Friday – 8:30am to 2:30pm           |
|                    |                             |                                     |
| Location:          | Probation:                  | Salary & Benefits:                  |
| 857 Seymour St     | 488 Hours from start date   | \$26.27                             |
| Kamloops, BC       |                             | Extended Health and Dental Benefits |

# The Role

The Kamloops Clubhouse program provides a safe, stable environment where individuals who live with mental health and/or substance related disorders can acquire skills to increase their self-esteem and level of competence. This program serves individuals over the age of 18.

The Activity Assistant implements established activities to meet the vocational, leisure & recreation, health & wellness, and personal education needs of program participants.

# **Key Responsibilities**

• Build rapport with tenants through empathetic and respectful interactions, provide support and encourage empowerment to sustain housing and build independence within the community.



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- Maintain accurate, detailed, and objective documentation and records necessary for program functions.
- Provide trauma-informed crisis intervention as needed, identify potential crises and implement prevention plans, timely reporting all crisis to Management.
- Promote harm reduction and educate on harm reduction strategies while conducing frequent check-ins and ensuring the health and safety of residents.

# **Key Skills and Experience Required**

- One year of recent, related work experience with an emphasis on mental health, addictions, housing, homelessness and/or social services and/or training; or equivalent combination of education and experience in in Human/Social Service.
- First Aid with CPR and Food Safe required
- Mental Health First Aid preferred
- Psychosocial Rehabilitation program delivery experience an asset.

## **How to Apply**

Please indicate your interest in this position by forwarding a letter of interest and an updated resume to <a href="hr-kamloops@cmha.bc.ca">hr-kamloops@cmha.bc.ca</a>. Please indicate the position you are applying for as the subject of the email. Interviews will be conducted ongoing as applications are received. While we sincerely appreciate all applications, only those candidates selected for interview will be contacted.

### Closing Date: January 18, 2024

CMHA Kamloops is an equity employer and encourages applications from women, persons with disabilities, members of visible minorities, Indigenous Peoples, people of all sexual orientations and genders, and others whom may contribute to the further diversification of the Association. Lived experiences of mental illness and or addictions is considered an asset. To avoid a conflict of interest, people who are currently accessing CMHA Kamloops services are not eligible to apply. A criminal record check free of convictions of violence and other crimes against the vulnerable will be required.

Thank you for your interest!