

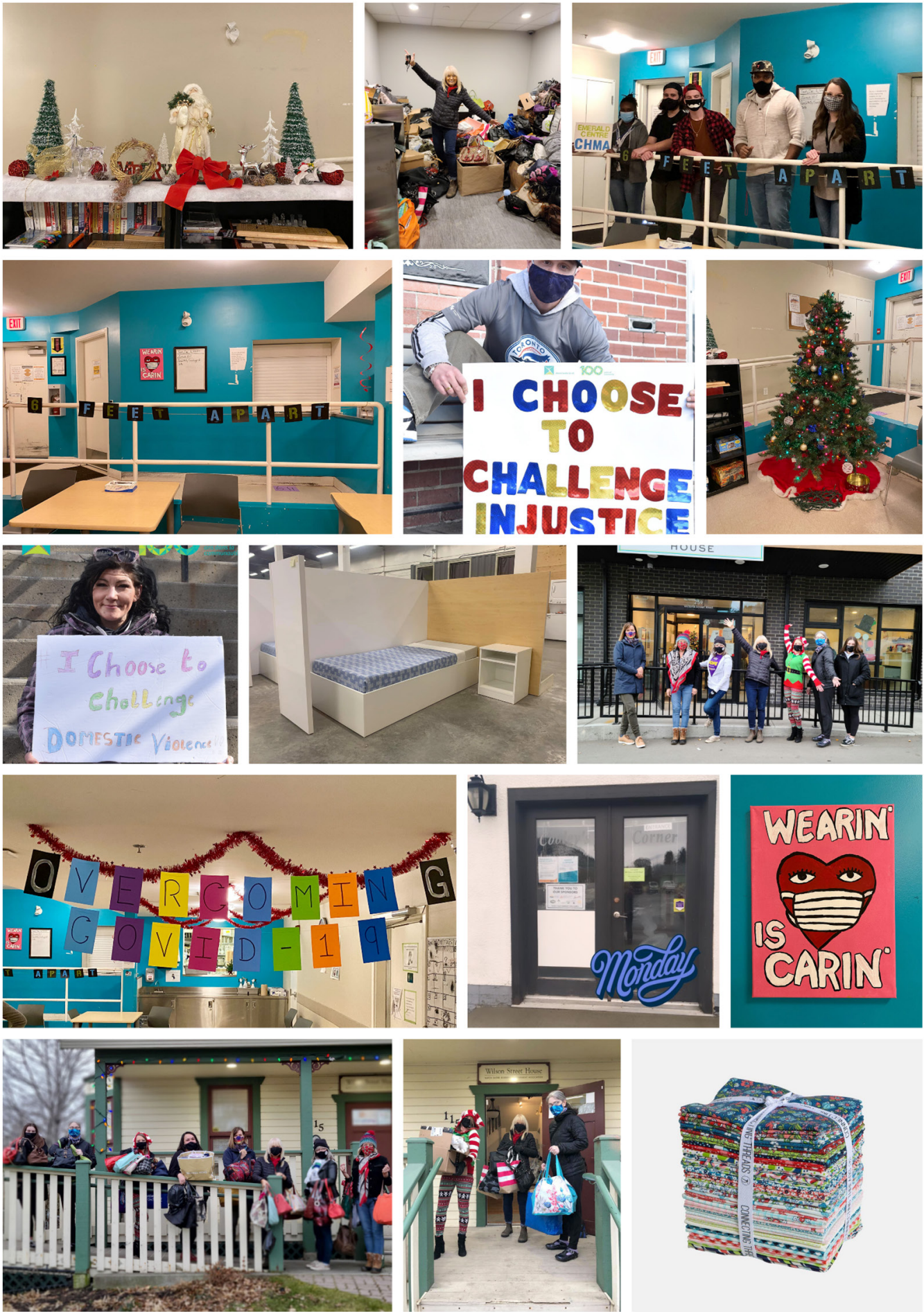
# REPORT



Canadian Mental  
Health Association  
Kamloops



ANNUAL REPORT 2020 ~ 2021



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## OUR VISION, MISSION AND VALUES

**Our vision:** Mentally healthy people in a healthy society.

**Our mission:** As the nation-wide leader and champion for mental health, CMHA facilitates access to the resources people require to maintain and improve mental health and community integration, build resilience, and support recovery from mental illness.

**Our mandate and scope:** In BC, mental health, substance use and addictive behaviour are within the scope of the organization.

**Our key values and principles:**

- Embracing the voice of people with mental health issues
- Promoting inclusion
- Working collaboratively
- Influencing the social determinants of health (e.g., housing, justice)
- Focusing on the mental health needs of all age groups
- Using evidence to inform our work
- Being transparent and accountable

## MESSAGE FROM THE BOARD PRESIDENT

It has been an honour to continue on as the Board President of CMHA Kamloops this past year. This past year has been full of new challenges for us all but specifically for the work that is done at CMHA Kamloops. COVID-19 has brought unique and difficult obstacles for the staff to overcome and they did so extremely well.

Our clients have been helped through this difficult time by our dedicated unwavering staff and for that I thank the staff of CMHA Kamloops for making our positions as Board members less stressful during this time.

We are now looking forward away from COVID and the issues that presented for CMHA Kamloops and striding into the coming year with aspirations to continue expanding CMHA Kamloops and what it has to offer to the Kamloops community as a whole.

As a board we are also looking forward to welcoming the new elected board members who each bring their own unique skill set and experiences to our board. This will likely ignite change in a good way, and I am looking forward to what the future holds for the board and CMHA Kamloops.

I want to thank everyone who is involved at CMHA Kamloops for your passion and care.



**Greg Thomson**  
*President, CMHA Kamloops*

MESSAGE FROM THE EXECUTIVE DIRECTOR - ALFRED ACHOBA

The last year has been extraordinarily difficult for everyone globally, our community inclusive. The COVID-19 pandemic brought challenges, anxiety, trauma, fear and sadness, and stretched social services systems to the extreme. We worked together to fight one of the greatest threats to global health - mental and physical. At CMHA Kamloops, we pivoted rapidly while adapting mental health services to the situation and built on our demonstrated commitment to support the most vulnerable in our community.

The staff at CMHA Kamloops and stakeholders showed character and strength in pushing our mandate as our community fought the virus, especially its socioeconomic and mental health impacts. The impact of COVID on mental health were many including an increase in depression-like symptoms, anxiety along with a huge strain and reduction in mental health supports, services and programs.

Our programs, implemented changes to help us support our clients. The model for providing service to our clients was collaborative in both theory and practice. Not all individuals are affected equally by COVID, mental health, homelessness, addiction and other social issues. The pandemic exacerbated inequalities in our community. Inequalities that existed long before the pandemic were further exacerbated, especially for the vulnerable and disadvantaged. This is why, we worked hard to:

- a) Roll out virtual and phone support and reached more people within Canada.
- b) Provided additional shelter beds, enabled non-congregate settings for those at risk.
- c) Liaised with community partners to provide more in-reach services in all our programs.

While our physical contact with one another changed, our passion did not. Our mission is clear – accessible mental health service is a human right. I believe, that with safe and adaptive mental health support, everyone can get the help they need. We realized that 2020 was a year like we’ve never seen before from restaurant closures, increases in suicide, mental health strains and reduction in access to services like shelter, due to social distancing guidelines. We engaged all stakeholders, our community and The City of Kamloops, to fill the gap.

This is why, as the world heals and we rebuild as a society, let us remember that there are many vulnerable individuals who still need our support, even if the worse of the pandemic may be



over, CMHA Kamloops will be there to support our community. We will continue to engage all arms of government, stakeholders and communities, in responding to the mental health issues of our society.

My colleagues and friends in our community, I personally commend the support and extraordinary commitment that you all continue to demonstrate to our mandate and mission. We cannot do it alone, only with your support, we were able to reach several clients whose individual life changing stories are both gratifying and inspiring for us, to do much more. We are grateful for the support of our community (including all CMHAs), partners, funders and the government who continue to offer resources, oversight and guidance.

Our organizational vision is clear, and the leadership remains committed to build on past successes, drawing lessons from this pandemic with a renewed lens on our future direction. We are champions of mental health and together, we look forward to building on our many community initiatives, projects and programs. I believe CMHA Kamloops can continue to count on your loyalty and commitment to our vision - of a community that cares and enables vulnerable populations to live in dignity.



AFFORDABLE HOUSING FOR SENIORS AND PEOPLE WITH DISABILITIES

Adam Burrows – Manager of Rental Housing



I stepped into this role at the beginning of June 2021. COVID-19 has had a marginal impact on my programs. The units are often occupied for years at a time and have a quick turnover time due to the demand for housing. The tenants of Golden Vista had to deal with social distancing requirements and being encouraged to wear masks in the hallways. Meadow Creek Vista allowed tenants to maintain social distancing as much as they are comfortable with. The impact of COVID-19 was the lack of in person interactions that foster a good tenant-landlord relationship, including postponing annual unit inspections. During the next year, I plan to maintain an occupancy rate close to 100% and ensure continuously high standard of living in our units.



**Meadow Creek Vista – Logan Lake**  
12 rent geared to income units for low-income seniors 55+ and people living with disabilities. This ground level 12-unit townhouse complex is located in the beautiful community of Logan Lake.



**Golden Vista Suites – Kamloops**  
15 rent geared to income units for seniors 55+. This is an apartment building consisting of studio units designed to provide a modern, safe, physically accessible and manageable living space for seniors.



Older Adult Safe Suite Program 60 plus

Safe suite provides temporary housing for any individual over the age of 60 who is in need of a safe place to stay due to abuse or neglect and whose needs cannot be effectively met by existing abuse or crisis services.

This program is a partnership between CMHA Kamloops and ASK Wellness. CMHA provides the unit and acts as a landlord. ASK Wellness provides supports and works to develop a transition plan with the tenant.

IMPACT STATEMENT

*“The connection I have with Canadian Mental Health Association has been a blessing. It has provided me with a safe, secure, affordable housing unit. As a senior living on limited income, I was unsure if these would be attainable. Upon obtaining my suite at Golden Vista it has alleviated many stressors in my life. The thing I enjoy the most about living at Golden Vista is the friendly atmosphere.*

*I spend a great deal of time socializing with other residents outside. During this time while watching the birds in the birdbath and the garden bloom, we share a lot of stories. I truly give thanks to the Canadian Mental Health Association for providing me safe, secure, affordable housing. It gives me great joy and happiness.”*

~ Wendy Davidson

*“I feel really safe living at Golden Vista. I live alone and having a building with secure entrance is important. It is very clean and affordable”*

~ Anonymous

*“Golden Vista Suites provides me with a nice home I can afford. With my limited mobility it is nice to have the elevator so I can use the laundry room and common area”*

~ Anonymous



Garden at Logan Lake



For more information on housing possibilities, please contact our office at 250 374 0440 Ext. 206

CLUBHOUSE

Christa Haywood-Farmer – Manager of Community & Vocational Integration



It has been an interesting time for all programs within the branch. COVID has required us to provide service and programming in a new way, a COVID safe way. Our clubhouse was closed for three months due to COVID-19. Members were not able to connect face-to-face or participate in the structure of the program. Many members access these services as a way of feeling accepted and fostering connections, with peers, staff, and/or volunteers. As a response to those needs, we incorporated a phone outreach component to our programming. Staff are able to call, text, or email members for continued support. Once the program doors reopened and COVID safety protocols were established, programming resumed.

Goals for the program for the next year...

- Secure a new location for The Clubhouse (A new location was secured for Merritt Clubhouse in October 2020)
- Increase our program presence in community (Merritt and Kamloops)
- Increase volunteer capacity and peer mentorship for members





Consumer Facilitation Fund

Consumer Facilitation Funding is specifically designed for individuals experiencing mental health and/or substance use disorders. Family members can apply for this funding on behalf of their loved ones with these disorders, as well as agencies offering peer driven programs within the Thompson Nicola Region.

These funds are to create opportunities for individuals. Giving them the ability to engage in projects, courses or other endeavors related to life, leisure, education, employment and occasionally medical-related costs such as: transportation, dental and optical.

The Funding Criteria Committee consists of a group of committed volunteers & staff who ensure that the funds are dedicated to supporting and improving mental health and wellness for all.

Total Amount Administered \$27,677.00

Approved Applications 192

Impact Statement

“How did FCC funding help to support your mental health during COVID?”

- “Definitely reduced anxiety. I could resort to my books and gave me a distraction.”
- “I was able to do art and drawings and posting it on social media to share with others.”
- “Started crotchet – It kept me busy.”



Kamloops Clubhouse Programming offered:

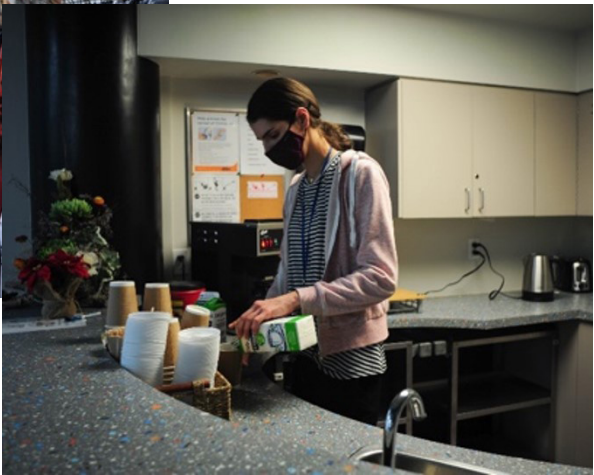
- Music
  - Meals to go
  - Produce on Wheels
  - Apparel Shop
  - Laundry
  - Crossing Bridges Art Program
  - Mindfulness
  - Bingo
  - Fitness
  - Diabetic Support
- Smoking Cessation
  - Work BC
  - Vocational Support
  - Therapeutic Volunteer Program
  - Quilting
  - Income Tax Clinic
  - Naloxone Training
  - Computer Training/Internet Access
  - Pool/Billiards
  - Yoga

HIGHLIGHTS

- An average of 71 unique members engaging in programs per month.
- 868 Virtual Outreach and support phone calls to members.
- 749 meals provided

Impacts of COVID

- Program closed March 18, 2020 and reopened July 6, 2020 – implemented virtual support.
- Members were required to register to attend once doors reopened – this led to a decrease in capacity.
- We provided additional support for completing funding applications (internal, municipal, gov’t).
- Shift in programming to allow for physical distancing and safe space.
- Employees temporarily laid off.



VISION

Sheena Christian - Program Coordinator Kamloops & Merritt Clubhouse Programs

I would like to see an increase in memberships and participation, secure larger, permanent facilities to help accommodate the needs of both Kamloops and Merritt Clubhouse programs, and continue our efforts to build strong, working partnerships with local businesses and organizations.

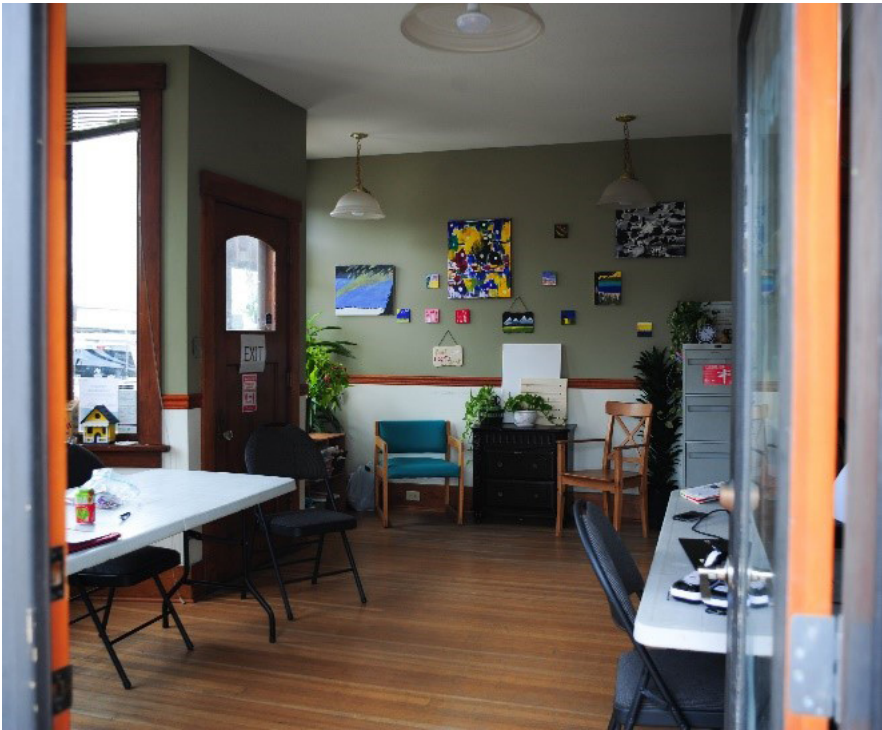


Merritt Clubhouse

Re-opened in July but only for outings. We moved to a new location in October and began running our regular programming (COVID friendly).

Programming offered:

- Outings
- Clubhouse Maintenance
- Tech Training/Support
- Forging Connections
- Weaving/Knitting/Sewing
- Photography
- Fitness Group
- Flu Clinic
- Member Meetings
- Personal Education/Virtual Support



IMPACT STATEMENTS

- “Why do you come to The Clubhouse?”*
- “To feel safer.” ~ PM*
- “Socialize with other members with the same experiences as me.” ~ MM*
- “I feel comfortable.” ~ Anonymous*
- “I feel safe when I’m in crisis.” ~ SE*
- “To have some fun.” ~ Anonymous*



*“How did COVID impact you coming to The Clubhouse?”*

*“COVID caused a lot of anxiety. I didn’t come as often. I missed the one-one contact and the masks created a barrier”*

*~ Anonymous*

ROSETHORN HOUSE

Michelle Gauthier – Manager of Supportive Housing



I have the unique privilege of managing CMHA Kamloops first Supportive Housing Program.

Our goal is to aid individuals in a new start towards independence while cultivating a network of advocacy to assist with psychosocial rehabilitation.

Almost immediately after opening our doors, COVID was declared a pandemic and became our new normal, the restrictions did not impact us as severely as anticipated. CMHA Kamloops framework coupled with stability that was established with our residents made the adjustments feasible and sustainable.

Over the next year my objective is to continue to advocate for the continuum of the Housing First Model in hopes of more “second stage” or “transitional” housing becoming available for those individuals who have done the work, taken back their independence and no longer require around the clock supports but deserve the right to continued growth.



Rosethorn House opened its doors in January 2020. The name “Rosethorn” was selected by residents and staff for the strong metaphorical meaning of, ‘every rose has its thorn’ representing that in human nature, nobody is perfect. Our staff are working at all hours to ensure all residents at Rosethorn are supported towards building their life skills with the hope of succeeding in independent housing and integrating into the Kamloops community.



IMPACT STORIES

A resident of Rosethorn House since February 22nd 2020. Dwayne shares that the support he has received since moving into the supportive housing building has helped him get back on his feet. Dwayne now has a safe space to pursue his passion for music, since moving into Rosethorn House, Dwayne has written 3 albums. Dwayne feels he is now ready to move on to the next step in his life and is hoping to find low-income housing for himself and his wife. Dwayne shares that the ongoing support from the Client Engagement Specialists has been instrumental in his progress so far.

~ Dwayne Furuseh

“Since I have been living at Rosethorn House, I have a more structured schedule and I am finally getting the nutrients my body needs because of the meal program here. Jenny and the staff at Rosethorn have supported me in getting back on track and realizing what I want out of my life. One of the major goals I have achieved so far is taking part in the Seasons Health employment program where I have been able to take courses to obtain my trades ticket. Rosethorn has given me all the tools to succeed and now, it is now my responsibility to make sure I take the next steps in my life but I know that Jenny is always there for support”

~ Patrick Prescott



In-Reach Rosethorn:

Rosethorn House creates connections to services by having them offered in house. April 2020, in partnership with Interior Health consistent medical care was made possible for residents. Twice per week, residents have access to a nurse practitioner, wound care clinics, health clinics and opiate antagonist therapy services.

Additionally, the Ministry of Social Development and Poverty Reduction visit once per week working closely with the Client Engagement Specialist’s supporting with obtaining identification, mitigating financial risks, and variety of other supports.

Through the pandemic, Rosethorn House is working to end barriers residents experience by providing the equipment necessary to attend appointments online - including psychiatric appointments, counselling sessions and other supports.

EMERALD CENTRE

Cheryl Mathieson – Manager of Homelessness Services & Shelter Operations



On my early morning drives to my previous workplace on the North Shore, I observed people crawling out from under bushes, arising from park benches or getting up from behind dumpsters. I was shocked, questioning when and how this happened. In my mind, I thought ‘someone needs to do something’, instantly realizing in my heart, I needed to do something!

We have operated Emerald Centre, a co-ed low barrier shelter that provides accommodation for men and women who are homeless or at risk of homelessness since 2012. The Centre provides a total of 55 emergency beds: 40 on the men’s side and 15 on the women’s side of the shelter.

As the manager of Emerald Centre, over the last year and a half with COVID, the need for more shelter beds became apparent, resulting in the expansion of beds at the two CMHA operated temporary shelters. Once COVID is less of a threat, my future goal for Emerald Centre is to continue to open our doors, allowing additional outside resources more access, fostering greater community connection, and providing more clients, opportunities for change.

During a typical stay, clients are provided with a comfy bed, nutritious meals and a safe environment; in addition, they also have access to support workers that work closely with them to create connections to both community resources and the community as a whole.

At Emerald Centre, our case management team and other multidisciplinary teams, work with the individual to create a plan to support and meet their needs around the clock. Our compassionate staff, work closely with other service providers to support clients in all aspects of life. Case managers work to ensure that each individual has access to the supports they need.

In-Reach:

We strive to build and maintain partnerships with support services in our community. Our partnership with Interior Health’s Mental Health and Substance Use team provides opportunity for their supportive workers to come into the shelter and link clients to their wide range of services.

ASK Wellness Housing Outreach comes in to meet with clients about housing in community or assist them in returning to their home community. Case Management continues to connect the Ministry of Social Development and Poverty Reduction with people in the shelters, reducing barriers to access.



HIGHLIGHTS

- 27 Men
- 17 Female
- 9 Indigenous
- 4 Individuals 65+
- 44 Unique Tenants
- 156 Hours of On-Site Nursing Support
- 41,948 Meals Provided

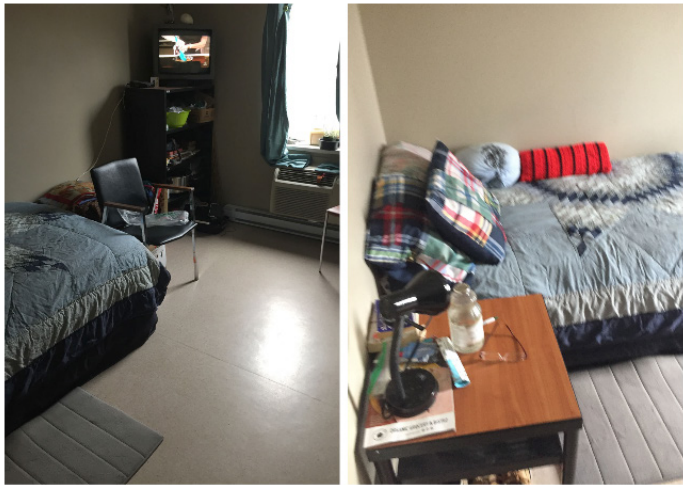


Supplementary Programs Offered:

- Bingo
- Friday Movie Nights
- Clothing Closet
- Beauty Shop
- Family Reconnection
- Life Skills & Relationship Building
- Employment Readiness Training
- Peer Program
- Harm Reduction
- Access to Medical Care
- AARCH/City Pass Program
- Pharmacy/Medication Drop Off
- Income Tax
- Vulnerability Assessment Tool Administration
- Connection to MHSU & Other Services

The Supportive Transitional Living in Recovery Program:

CMHA has a partnership with Phoenix Centre to provide 11 bachelor apartments housing for individuals in recovery. Phoenix Centre has support workers that work one on one with the individuals.



Impact Story

CMHA was there for me through the pandemic, when I was in dire need to talk to someone. That Emerald Centre was more than I expected. Emerald Centre is a place anyone in need or wanting to make a change in their life should come to. Anything from finding housing, getting or laundering clothing, showers, and meals is offered. Clyde likes being in for his bed by 9:30. The guidelines suit his needs and he likes the structure. Clyde says, CMHA staff are amazing, CMHA staff are his superheroes.

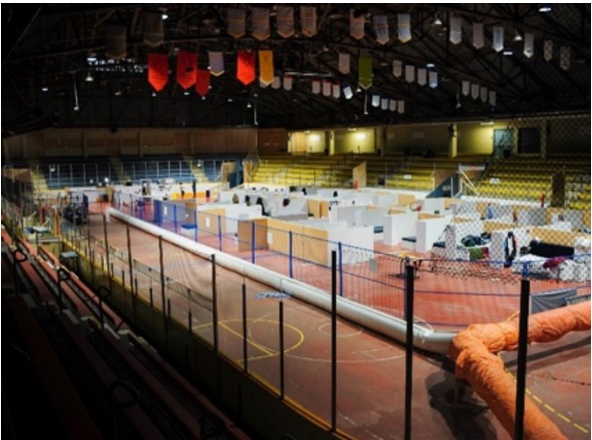
~ Clyde Biron

TEMPORARY SHELTER

Jennifer Smith – Manager of Temporary Shelters



In 2018, I became a Case Manager, working one on one with clients towards shelter access and housing placement. Currently, as the manager of CMHA Kamloops Temporary Shelters, our mandate is to meet all individuals wherever they are and help support them to get back on their feet. Our 100 shelter beds, are accessible for anyone to access who is experiencing homelessness. Over the last year and a half, COVID has exacerbated the need for more shelter beds and supports in our community. We have met the demand by operating close to full capacity since our doors opened. Additionally, we opened our doors to provide cooling and warming stations throughout the year. Our successful peer program kept the neighborhood clean, making a positive impact in the neighborhood. My goals for these programs in the upcoming year is to provide permanent programs for those whose needs cannot be met by existing services.



Our temporary emergency shelter, in response to the growing needs of our community and the impact of the COVID – 19 Pandemic, nicknamed “The Royale” by our staff, opened in April 2020. From April to the end of December, total stays at our temporary shelters were 5,247. Case Managers extended their relationships with external service providers to create opportunity for those individuals.





## IMPACT STATEMENT

Working at the Mustard Seed as a Volunteer, and he lost his job and housing due to the pandemic and ended up at the Kamloops Curling Club Temporary Shelter. Michael says CMHA staff was amazing, the staff helped him with Housing, Employment and all his appointments.

~ Michael Rebbman

## SHELTER HIGHLIGHTS

668 Unique Clients - 39.7% First Nation

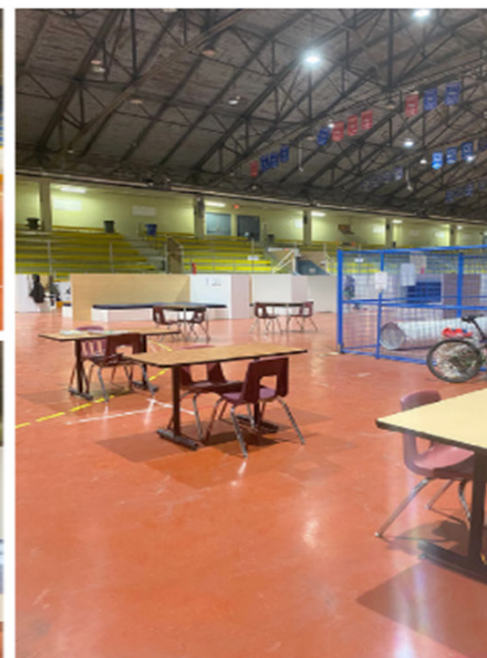
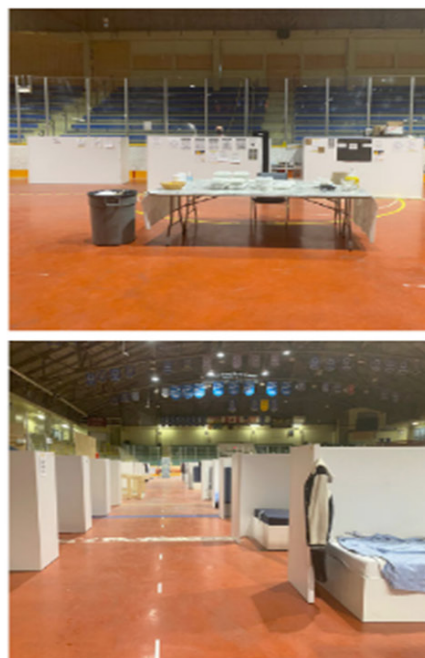
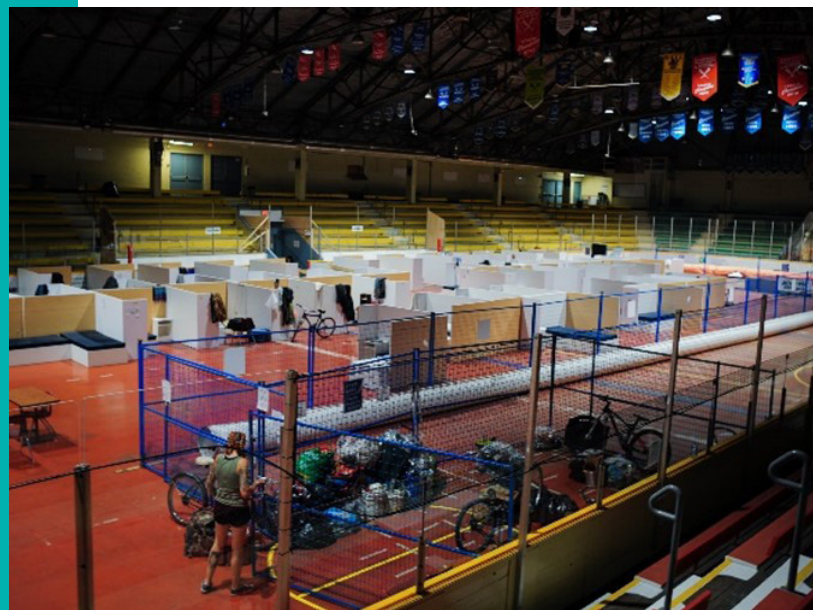
- 459 Male
- 206 Female
- 100 Individuals 55+
- 2 LGBTQ2+
- 265 Indigenous

Clients Served in 2020 – 757

107 Unique Clients Housed 2020

17,784 Beds utilized

66,953 Meals Provided



## CASE MANAGEMENT & CLIENT ENGAGEMENT SPECIALISTS

### Jennifer Healy – Client Engagement Specialist



My role is at the core of all resident activity at Rosethorn. I strive to proactively engage residents. Working to building rapport, assessment and support to address areas of need, provide information and connect to resources both at Rosethorn and in the community.

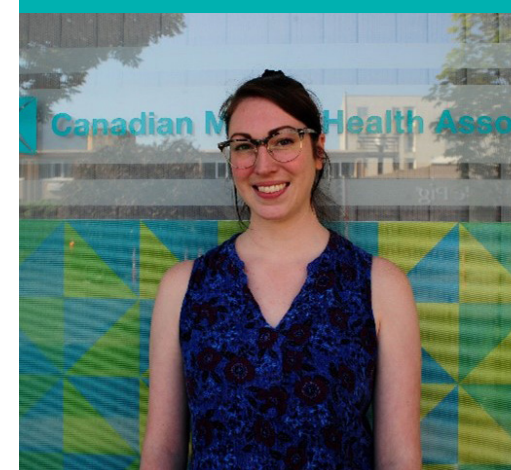
Within the next year my goal is to introduce our residents with more psychosocial programming, where they can build on their recovery, life skills, employment skills, cultural connections and socialization. I have become certified as a SMART recovery facilitator; with this training I will begin to facilitate weekly group sessions at Rosethorn House in the next year.

### Rachel Pearce – Client Engagement Specialist



I am proud to now be a Client Engagement Specialist, working closely with 20 residents within Rosethorn. I also support clients at the CMHA shelters, currently operating in Kamloops. I bring with me, 17 years of experience working directly in health care and mental health care. I am thrilled to spend time with clients, supporting them through crisis, everyday needs, and accomplishing short- and long-term goals. Here is to a healthy 2021!

### Emily Tucker – Case Manager



As a case manager, I'm directing my focus to bridging the gap between clients exiting detox and entering treatment. Often, I've seen a pattern of individuals going to detox, and coming back to the shelter. I am dedicated to supporting clients in active addiction with their goals by cultivating relationships with service providers in our community. I look forward to continued work and open communication to reach success in mutual goals of marginalized people being successful.



Kelvin Akakem – Case Manager



As a case manager, I support clients in crisis or through their crisis. I understand that homelessness is not a choice made by one individual, but from our collective actions. This is why I want to make a difference, to help our clients facing homelessness and mental health navigate within society. I'm patient with colleges and clients, recognizing differences of culture, race, and gender identity. Remembering that everyone has unique life experiences which shape their perspectives. "Success" is the result of what we do together, my amazing team is what has kept me going in my role.

Heather Solonas – Case Manager



As an Indigenous Case Manager, I am excited to be strengthening our bond with the indigenous culture through all our programs. I'm urging everyone within CMHA to participate in cultural events to spread awareness and education. Moving forward, we will be working closely within our local and surrounding communities to provide traditional healing supports, reconnection to culturally based therapy from elders and culturally safe/affordable housing. Our goal is to support those affected by the tragic experiences and history of Residential Schools, as well as the continuous generational trauma.

HIGHLIGHTS

Many of those served in our shelters utilized the services of case management on more than one occasion throughout the year, often making progress towards stability and independence with each stay. CMHA understands and recognizes that individuals within the homeless community face barriers and challenges to reintegrating, so we meet clients where they are at and offer supports in a nonjudgmental way that has been integral to supporting clients in moving forward on their own terms and their own timeline. This has led to many successes for our clients in the areas of housing, treatment, employment, physical and mental well-being and many, many other areas of their lives.

RIDE DON'T HIDE



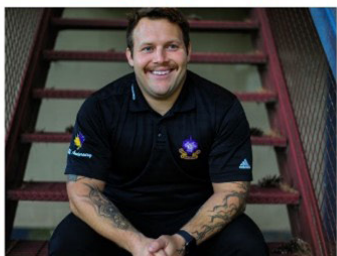
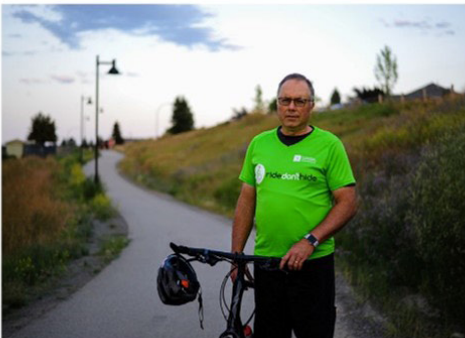
Shelley Trudeau  
2020 Ride Don't Hide Coordinator

Ride Don't Hide 2020 charted a new path. Due to the global COVID-19 pandemic and the physical distancing measures in place to control the spread of the virus, in person Ride Don't Hide events were cancelled.

At the same time, need for mental health programs and services is surging during the pandemic. The mental health toll of self-isolation, economic downturn, and unprecedented stress and uncertainty is very real and can be devastating. Our communities need our leadership and guidance more than ever.

In order to offer solace through community and connection, physical and mental health-positive activities, and a sense of belonging and contribution, Ride Don't Hide offered a virtual event experience.

Ride Don't Hide, virtually engaged our stakeholders to ride outside, ride inside or ride in spirit to bring mental health into the open, wherever we are. Ride Don't Hide shows the world that we don't have to stand side by side to stand together for mental health.





Thank you to our volunteers and virtual riders! We are so grateful to our volunteers who supported Ride Don't Hide this year. Thank you for making our event and ride a wonderful experience for all our participants. We thank all our virtual riders and team captains for helping us work towards ending the stigma that surrounds mental illness even during a pandemic.



SPONSORS

Thank you for your generous support and sponsorship. Your generosity is helping to end the stigma and opening up the conversation about mental illness. Together we are changing lives



COMMUNITY ENGAGEMENT

Darsey Lindberg - Social Media



Before starting at CMHA Kamloops I felt a longing to support people within community, regardless of one's challenges or diverse abilities. Since then, I've had the opportunity to see how impactful the connections created within CMHA's programs are. Connection builds the opportunity for success.

Through developing a deeper understanding about the realities people can experience on a daily basis have learned the importance of spreading awareness and education. With honesty and compassion, I believe there is the possibility of creating that awareness. I have channeled my energy into finding creative ways to challenge stigma around mental health and addiction. Using social media, I'm hoping to develop a public platform where information is both easy to access and to share. Along with social media, I rely on fostering open relationships with others about the impact of mental health in our community. Conversations about mental health needs to be collective and across all platforms. My hope is to continue to spread awareness using the power of social media.

March 19, 2020 - December 31, 2020

Page Reach  
11,559

Top Reaching Posts  
3,745 - 2,863 - 2,715

Likes  
372

Females  
229 / 62%

Males  
132 / 35%

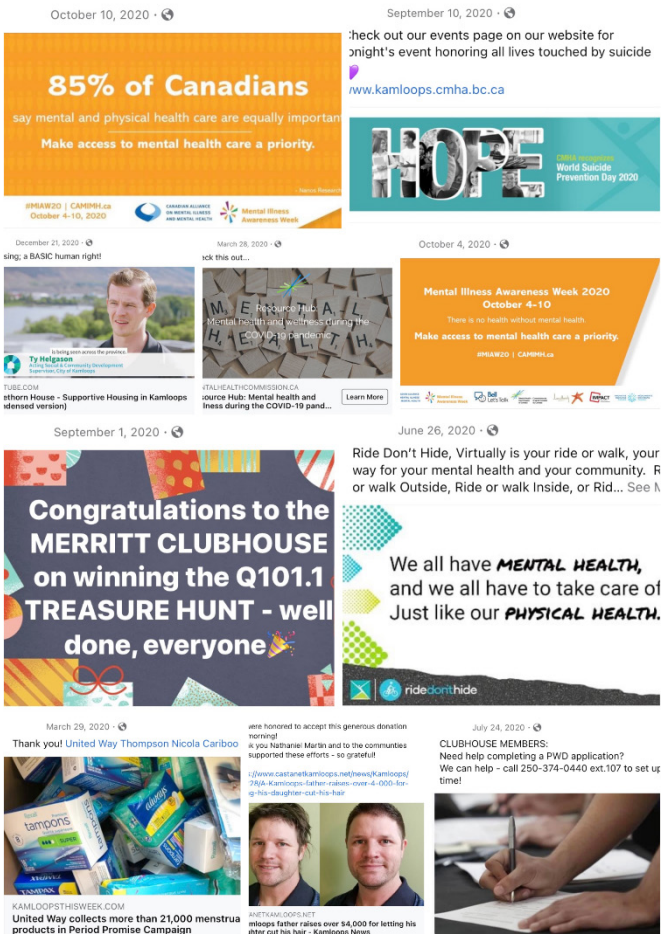
Unknown  
11 / 3%

Botswana, Cameroon, Zimbabwe  
1%

Canada  
77%

Nigeria  
20%

United States  
2%





Community Education

Community Education also saw the effects of COVID-19. Due to the unpredictability of the pandemic, all scheduled trainings and workshops were cancelled. All of the work needed to be done remotely, as steady calls flowed in from employers, families, and individuals seeking support for themselves or their loved ones.

Impacts of COVID

- All scheduled trainings/workshops were cancelled – dept. on hold due to government restrictions.
- No in-person training offered (MHFA, ASIST, SafeTALK).
- Increase in requests for MHFA (looking for virtual format), however this was not available in our branch until the spring of 2021.
- Increase in the need for workplace mental health resources/support due to COVID responses (working from home and in isolation, increase in anxiety levels, job security, etc.)



Goals for the program for the next year...

- Build capacity for Workplace Mental Health within community
- MHFA is a continued and valued resource for community

Peer Program

In May 2020, Madison came forward and requested a way for those living at Rosethorn to give back, and with Madison's innovation the Peer Program began. The Peer Program is an opportunity for those accessing CMHA services to help keep our streets clean and build relationships within the community.

In July 2020, we tragically lost Madison. Her passing impacted those who knew her. Madison was loved by residents and staff. During the warmer weather Madison would often be seen heading out fishing with other residents. Those who knew and grew to adore Madison, say they got to watch her settle in a place where she truly excelled and was valued.

Over the last year, the Peer Program has grown to operate within four of our programs. This growth continues to inspire further connection between those participating and our community. With the Peer Program showing so much success it seemed the only right course of action was to rename the program.

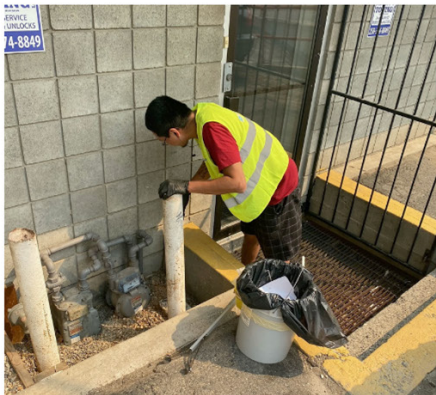
It is in Madison's honor that we move forward in officially naming this program, The Madison Reid Peer Program. Madison had a vision of creating opportunities for others and we want to continue to help that live on.



38 Participants

213 Times Completed

"We commenced the Peer Program to help strengthen client engagement and increase the likelihood of clients seeking employment, which has proved to be quite successful and impacted the neighborhood positively."





YEARS OF SERVICE



The Strength  
of Partnerships  
— Thank You!

Thank you for making a difference in the lives of many who live with a mental illness. During the year, CMHA Kamloops has help from many businesses, community people, and anonymous donors. These donations help provide extra services to CMHA members.

Canadian Mental Health Association, Kamloops Branch is grateful from our funders and partners.

Partners

- CMHA BC Division

ASK Wellness (Kamloops, Merritt and Penticton)

Mustard Seed

Phoenix Centre

Interior Community Services (Kamloops and Merritt)

Thompson Rivers University TRU

Merritt Centennials

Kamloops Blazers

Kamloops Food Bank

The Alliance Church

The United Church

Chamber of Commerce
- New Gold

Interior Savings Credit Union

United Way Thompson Nicola Cariboo

Interior Health

Kamloops Sexual Assault Centre

Manshadi Pharmacy

Pharmasave

Tk'emlúps te Secwépemc

Kamloops Aboriginal Friendship Society

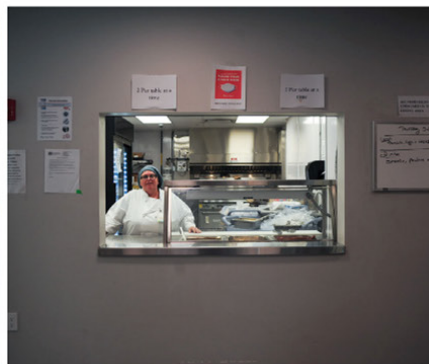
WorkBC

Open Door Group

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